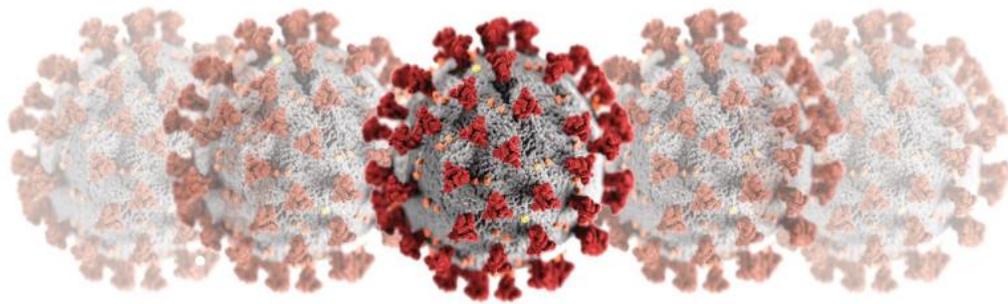


# **COVID-19**

# **Community Survey**



Palau Ministry of Health

April 2020

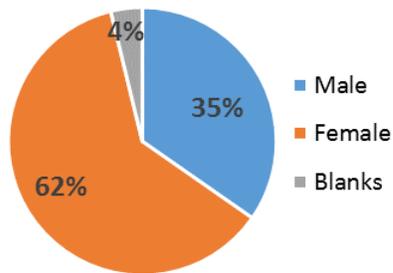
## About the Survey

The Palau Ministry of Health (MOH) conducted a small survey to assess the community's knowledge, attitudes and behaviors on COVID-19. Data collection began on April 20, 2020 and ended on April 28, 2020, with a total of 343 surveys completed.

The survey included questions on demographics, what people have heard about COVID-19, the kinds of information they have received, what would be the best way to receive information, preventive measures, risk levels, what they like to know more about, whether they were worried or felt some people were stigmatized.

## Demographics

By Gender

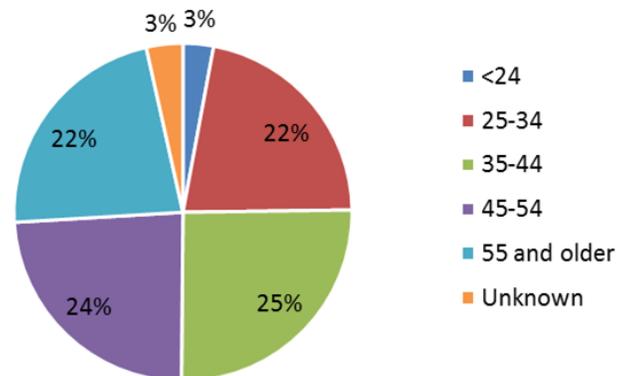


62% of the participants were female

35% were male

4% were left blank

Age Group



22% of the participants were ages 55 and older

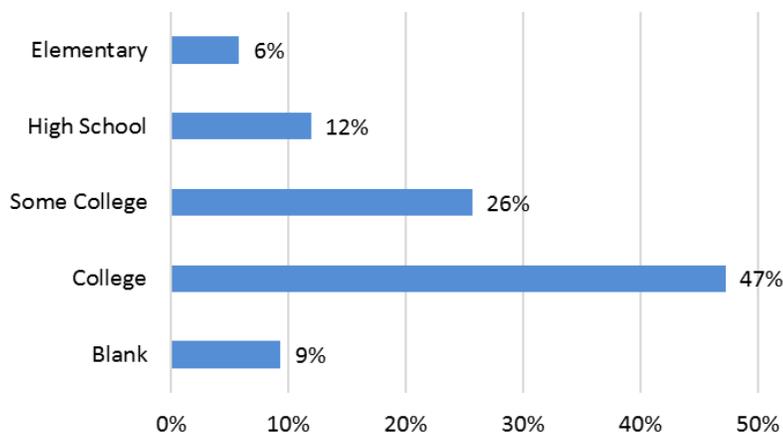
24% were between ages 45 to 54

25% were between ages 35-44

22% were between ages 25-34

3% were 24 years old and below

Education Level



When asked about their level of education, participants answered:

- 47% College
- 26% Some college
- 12% High School
- 6% Elementary

### 1. Have you ever heard about the new coronavirus disease (COVID-19)?

99.7% of the participants have heard about the new coronavirus disease/COVID-19.

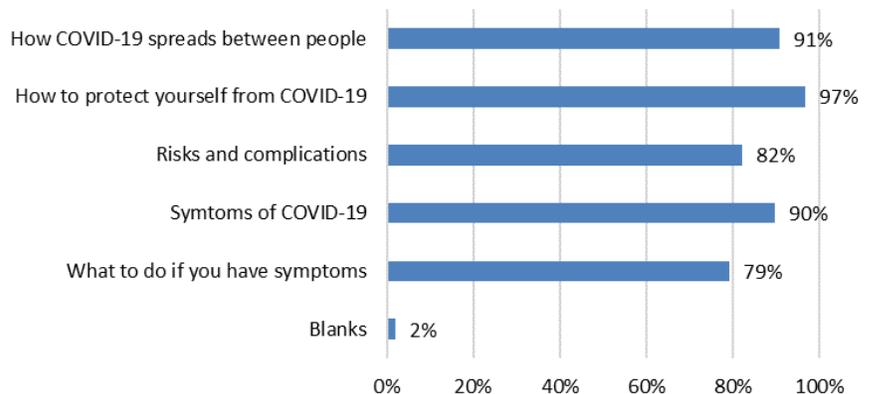
### 2. What kind of information have you received about COVID-19?

Majority of the participants have received important information about COVID-19 (see adjacent chart).

#### Others responded:

COVID-19 World updates, daily updates from MOH, flyers provided by Red Cross, global count, how it starts, source/origin, and that COVID-19 is a serious disease.

**What kind of information have you received about COVID-19?**



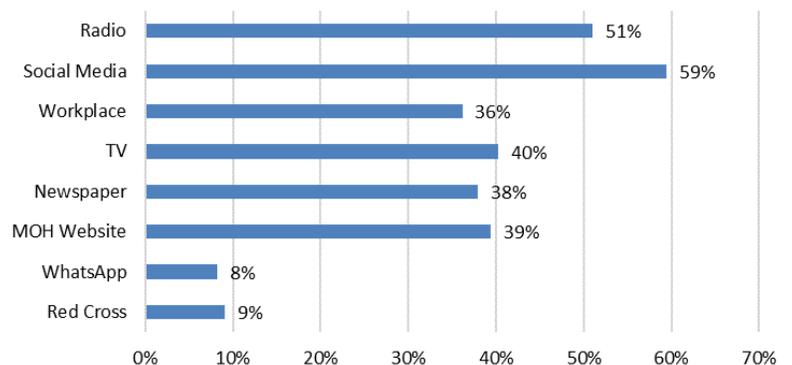
### 3. Which of the following would be best for you to receive information related to COVID-19?

More than half (59%) answered that Social Media would be the best channel to receive information and 51% said radio stations.

#### Others responded:

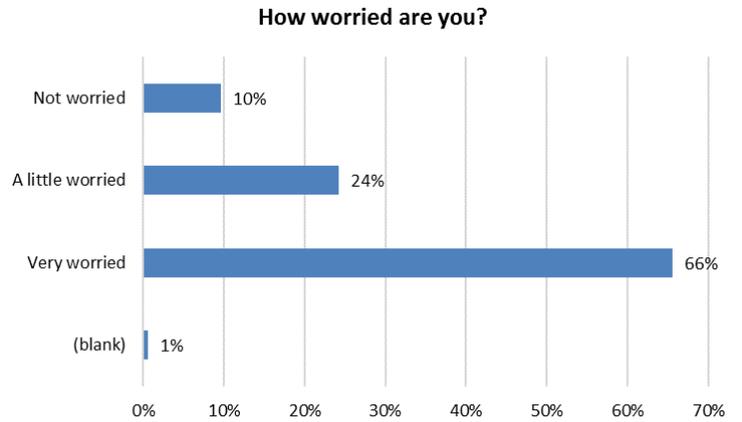
CDC/WHO, daily briefings, press conference or press release, email, US News (CNN, NBC, etc.), rumors, internet/facebook, posters & pamphlets, mass texts, and state office.

**What would be the best channel for you to receive information about COVID-19?**



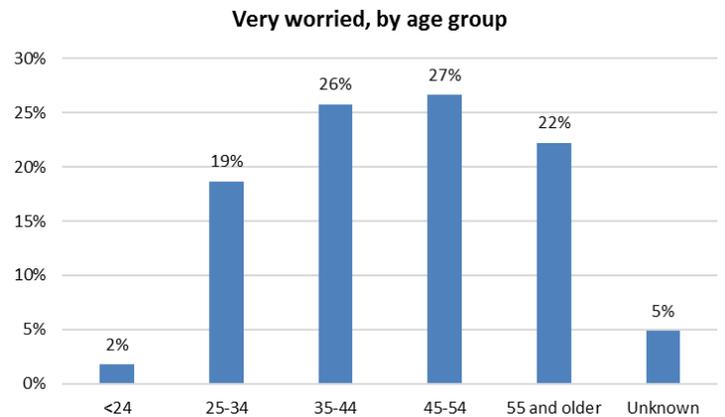
#### 4. How worried are you about COVID-19?

Majority (66%) of the participants answered that they were very worried about COVID-19. 24% said they were a little worried while 10% said they were not worried.



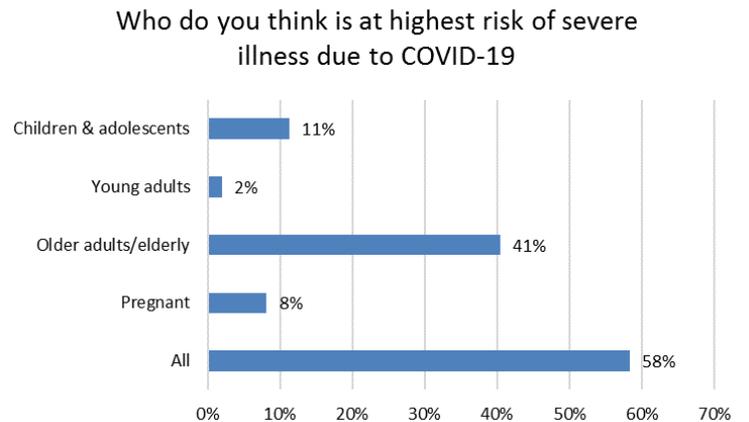
When looking at those participants who responded that they were very worried, it showed that:

- 27% were between ages 45-54
- 26% were between ages 35-44
- 22% of them were ages 55 and older



#### 5. Who do you think is at highest risk of severe illness due to COVID-19?

More than half (58%) of the participants said that all groups are at high risk of severe illness due to COVID-19. 41% said older adults/elderly.

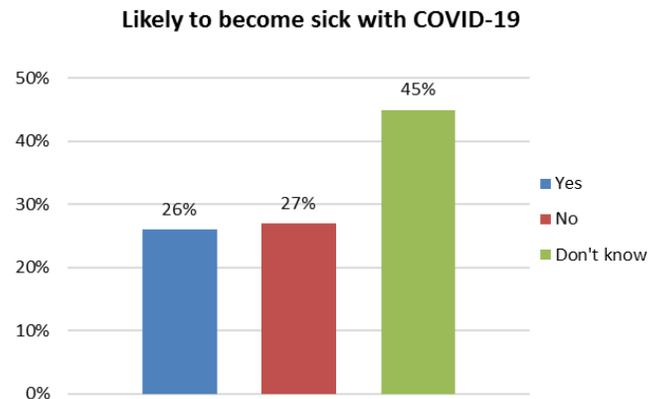


## 6. Do you think you are likely to become sick with COVID-19?

26% of the participants said yes when asked if they thought they were likely to become sick with COVID-19.

**Of those that responded “YES”, they are likely to become very sick with COVID-19:**

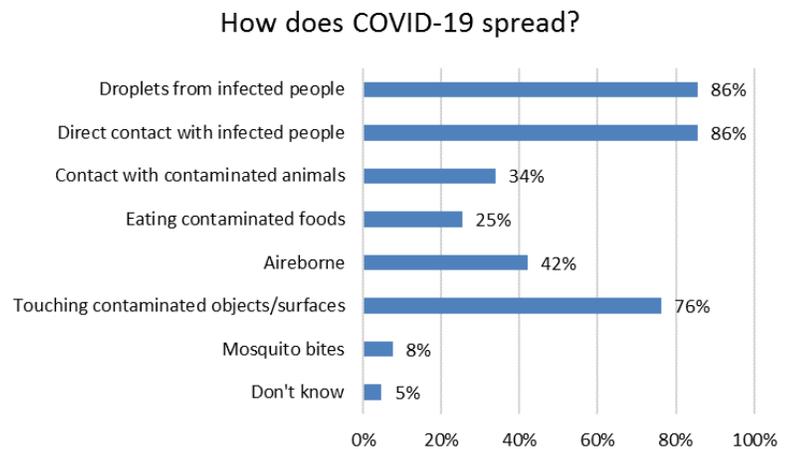
- 29 % of them were in the 55 and older
- 27% of them were between ages 45-54
- 21% were ages between 35-44



## 7. How does the COVID-19 spread?

When asked how COVID-19 spreads, a majority of the participants responded:

- 86% both from droplets from infected people and direct contact with infected people
- 76% responded from touching contaminated objects/surfaces
- 42% responded airborne



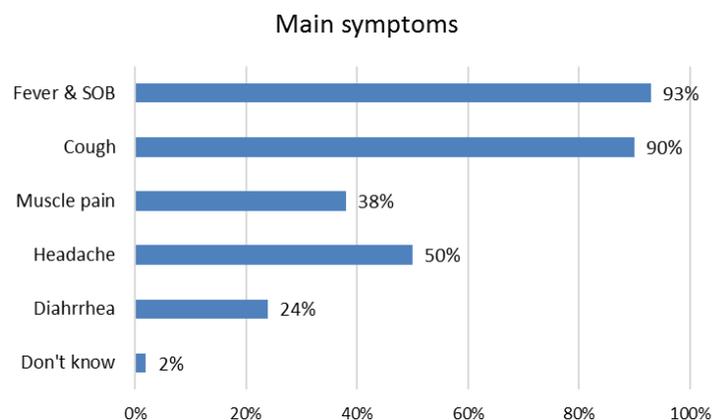
## 8. What are the main symptoms of COVID-19?

When asked what the main symptoms of COVID-19 are:

- 93% said fever & shortness of breath
- 90% said cough
- 50% said headache

**Others responded:**

Loss of taste and smell, nausea, red spots or lumps under foot, sneeze, tiredness and nasal congestion.



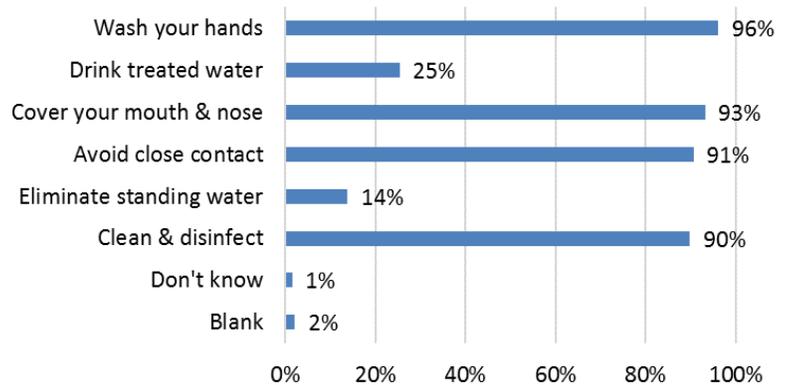
## 9. Do you know how to prevent COVID-19?

Almost all the participants know how to prevent COVID-19.

### Others noted:

Avoid social gatherings (6ft distancing), avoid touching eyes, nose and mouth, unnecessary activity, common sense, staying at home, wear mask, Vitamin C increase intake boost immune system, know the facts and sharing factual information, enough rest, exercise and some sunlight exposure and isolation

Do you know how to prevent COVID-19?

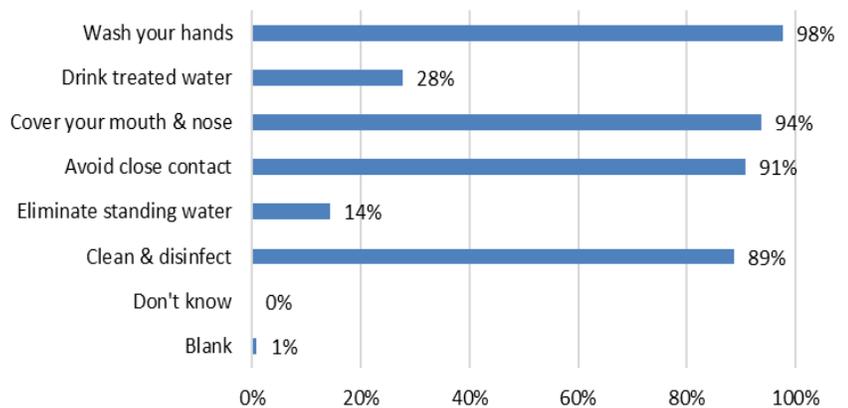


## 10. What have you and your family done to prevent becoming sick with COVID-19?

Participants seem to know a lot about the preventive measures. Aside from washing hands, drinking water, covering coughs and sneezes, disinfecting, they are implementing the following:

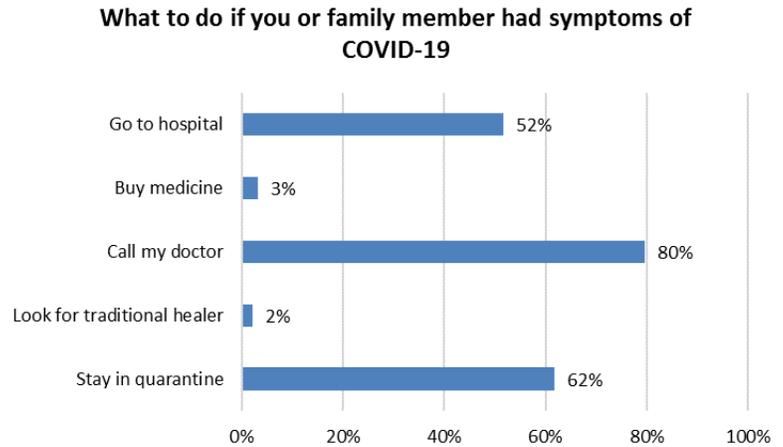
social distancing, staying at home, and avoiding going out to public/social distancing/gatherings, wearing mask, eating healthy, exercising, leaving kids at home while going shopping, boost immune system (Vitamin C, Zinc, sleep and eat healthy), increase fruits and veggie intake.

What have you done to prevent becoming sick with COVID-19?



### 11. What to do if you or someone from your family has symptoms of COVID-19?

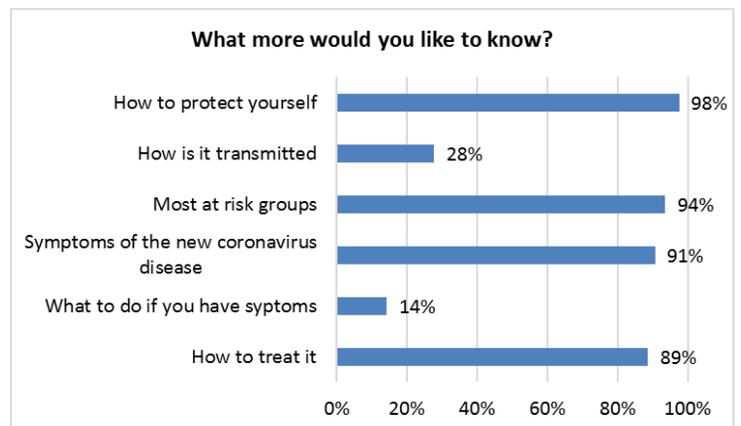
80% of the participants answered that they would call their doctor, 62% said they would stay in quarantine and 52% said they would go to the hospital.



### 12. What more would you like to know about COVID-19?

When asked what more would you like to know about COVID-19, majority responded that they would like to know more about protection, the at risk group, the symptoms and treatment.

**Respondents also want to know more about:** When, where, and how to get tested, what are the chances of getting it again after you are treated, can it be transmitted through mosquito after bitten by COVID-19 sick person, and any other important tips to stay healthy and COVID-19 free.



### 13. Do you think COVID-19 is causing stigma against specific people?

When asked about stigma (negative thoughts) against specific people, half of the participants responded Yes.

#### 13a. Which group is being discriminated/stigmatized in your community because of COVID-19?

- 66% of the participants said sick people
- 48% said Non-Palauans
- 24% said Health care workers
- 6% said Palauans

