



Republic of Palau

Ministry of Health

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HEALTH ALERT – TRAVELERS & VISITORS

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Ministry of Health - Emergency Operations Center

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DENGUE FEVER OUTBREAK

The Republic of Palau is currently experiencing a Dengue Fever outbreak, which was declared by the Ministry of Health (MOH) in December 2018. As cases have dramatically increased within the past two months, the MOH hereby issues the following health alert:

All travelers and visitors to Palau are encouraged to practice the “3S” of Dengue Fever Prevention in order to minimize risk of Dengue Fever infection.

- **SEARCH & ELIMINATE** – Dispose of all trash properly, especially beverage containers and other items that could hold standing water and become potential mosquito breeding sites. Use flying insect sprays, mosquito coils or electric repellent products to eliminate mosquitoes in rooms.
- **SELF-PROTECTION MEASURES** – Use insect repellent on exposed skin, wear long-sleeved clothing, socks, and covered footwear.
- **SEEK EARLY CONSULTATION** – Seek medical attention if the following symptoms are experienced:
 - Sudden high fever
 - Severe headache and backache
 - Chills
 - Body aches
 - Joint and muscle pain
 - Loss of appetite
 - Vomiting

For more information on how to prevent Dengue Fever, contact the MOH Communicable Disease Unit at 488-2450 or the Division of Environmental Health at 488-6073.